NAVIGATING YOUR RETURN TO EINSTEIN

#EINSTEINSTRONG
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Dear Einstein Community:

Several months ago, the world as we knew it was turned upside down as we responded to the fervent need to adapt immediately to the dangers posed by coronavirus disease 2019 (COVID-19) to the health and safety of our Einstein community, New York City, New York State, nation and indeed the world. While we have successfully overcome many of the daunting challenges we first faced, our knowledge and understanding of COVID-19 continue to evolve.

In responding to rapidly changing aspects of this pandemic, periodically we’ve introduced new policies and protocols, some temporary and others that may be more permanent. The latest updates that you’ll see on our internal COVID-19-dedicated site, which will be launched in the next few days, reflect the next phases of our response—transitioning back to regular operations. In all of these considerations, our primary goal is to continue to focus on the one issue that is paramount for everyone—personal safety. I also want to emphasize that we don’t expect everyone to return to Einstein at once, but on a flexible work schedule that will prevent overcrowding on campus. Who returns to work and when should be worked out with your individual supervisor during phase 1, which will begin on June 1.

Therefore, as we enact the various phases of bringing you back to campus, we will look to remain flexible in our approach to this “new normal” in our educational, research, and operational activities. This guide covers much information that can be helpful to you in navigating your return to Einstein. I encourage you to use both the guide and website as helpful resources as you adjust to working on campus while also remaining mindful of the critical safety measures we’ve put in place.

The plans we implement also will be aligned and consistent with local orders and ordinances of the city of New York and the borough of the Bronx, as well as New York State’s phased “Un-Pause” plan. They also will follow recommendations from the federal government (Opening Guidelines), the Centers for Disease Control and Prevention (CDC), the New York City Department of Health, and Montefiore.

While it is impossible to predict the trajectory of the COVID-19 pandemic, I want to remind you that social distancing and other interventions that we have instituted to combat the virus at Einstein, as well as in New York City and New York State, have successfully blunted the impact of the pandemic in our region—which was the most adversely affected in the country. Our continued adherence to these practices will be foremost in helping ensure that we keep one another safe while conducting our daily interactions and activities.

With that all said, there’s only one more thing to add: Welcome back!

From the Dean

Gordon F. Tomaselli, M.D.
The Marilyn and Stanley M. Katz Dean
Albert Einstein College of Medicine
Executive Vice President and Chief Academic Officer
Montefiore Medicine
As you return to campus life, you’ll find that the landscape has changed. You’ll notice markings on the floor designed to remind us to practice social distancing by keeping at least six feet apart. New rules apply to riding the elevators (which will vary depending on elevator size, and be posted at each elevator bank), holding meetings (with smaller group sizes or videoconferencing strongly recommended), wearing masks, and much more. This is your guide to the new normal, providing “itineraries” to follow aimed at ensuring your safe and healthy return to Einstein.

While we’ve come a long way in the COVID-19 journey, there still is no road map or definitive GPS indicating the route ahead. As you navigate this uncharted territory, we will look to provide you with information and updates—including checklists, signage, and resources you’ll need—so that your transition back to campus is as easy for you as possible.

**Workplace Expectations and Guidelines**

All staff and faculty are expected to fully comply with the guidelines outlined in this document as part of Einstein’s Workplace Expectations and Guidelines and the policies and protocols provided on our COVID-19-designated site. Failure to do so will result in corrective action.

**Daily Health Self-Check Monitoring**

All individuals entering the Einstein campus will be required to perform a daily “health self-check.” This self-assessment will be done using an app, the date/time-stamp results of which you must show at each building entrance that you use throughout the day. If, for any reason, you are unable to conduct this assessment using the app, you will be provided a paper assessment form.

In addition to the “self-check,” which needs to be performed once daily, you will also be required to undergo a temperature check when you first arrive on campus. Any person who has a reading of 100.4 degrees Fahrenheit or higher will not be allowed to enter. You will not be allowed access to any building if you fail to comply with either of the above health assessments. Personal data will not be kept by the College of Medicine.

When conducting your health self-check please be mindful that symptoms may appear two to 14 days after exposure to the virus and can vary from mild to severe. Currently, the most commonly reported symptoms of COVID-19 include the following:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Repeated shaking with chills
- Runny nose or new sinus congestion
- Muscle pain
- Unexplained rash
- Headache
- Sore throat
- Fatigue
- New gastrointestinal symptoms, such as nausea, vomiting, or diarrhea
- New loss of taste or smell

If you have COVID-19 symptoms

If you have any symptoms, you’ll need to stay home from work until you have recovered. If you’re concerned about your symptoms, you should consult with your doctor. Please make sure to contact your supervisor to say you won’t be in. You also are required to contact Einstein’s
Occupational Health Services (OHS) at 718-430-3700, which will coordinate with our employee relations team to determine if additional steps to safeguard the workplace are required.

If you have questions about how to report your time on your time card, please contact Robert Cancellieri, director of employee relations, at robert.cancellieri@einsteinmed.org.

If you become ill during the day, you must notify your supervisor and go home immediately. If you’re on campus and suspect that you may have been exposed to COVID-19, contact OHS for guidance on its dedicated COVID-19 line at 718-430-3700 between 9 a.m. and 5 p.m. to speak with a member of the OHS team. Before 9 a.m. and after 5 p.m., you can leave a message and a team member will respond to you. (For non-COVID-19 health concerns, please contact OHS at its main extension, 718-430-3144.)

Addressing COVID-19 Health Risk Exposure

Einstein’s OHS, employee relations, and environmental health and safety (EHS) have developed protocols to address any report of potential COVID-19 exposure in the workplace. In addition to offering guidance to the individual who reports symptoms, positive test results, or presumptive exposure, these protocols include tracing and notifying contacts in the workplace, possibly isolating those who have been in close and recent contact with the infected individual, and working with EHS and housekeeping to properly disinfect and deep clean the work area (lab or office) of the infected individual. Please view our full policy and standard operating procedures located on our internal.COVID-19 dedicated site.

Einstein also has implemented a “return-to-campus checklist” that clearly outlines requirements for individuals who have quarantined and/or isolated. Medical clearance is required before an individual who has been infected may return to campus and the workplace.

Einstein leadership will continue to monitor incidences of COVID-19 exposure among our campus community members and nearby Montefiore facilities to ensure maintenance of the highest safety for everyone and to determine whether returning to tighter restrictions may be advisable.

Phased Staffing

Our plan involves increasing the number of people on campus gradually so we can more easily maintain social distancing and be certain we can safely accommodate more people on campus. Those who have been working remotely or at home these past months will be brought back to campus in phases.

We will require that all departments observe and maintain adequate on-site staffing during regular business hours. To accomplish this, each department must develop a staffing plan to ensure that workplace density does not exceed 50 percent of maximum capacity that allow for appropriate social distancing as determined by the EHS.

If you’ve been asked to return, it means that your department or lab has requested and received approval for the new staffing levels. Please be sure to follow the outlined procedure for entering the campus and be prepared to display your Einstein ID, which is required for entry to all campus buildings. Enter or depart only through designated access points, and do not hold or prop open doors for anyone else. Visitors, volunteers, children, and pets are not permitted on campus at this time.

When returning to Einstein, if you find that any of your colleagues aren’t there, that could be because departments may be using one of the options below to maintain social distancing and reduce population density in buildings and work spaces.

Flexible Work Arrangements

Elements to accomplish the phased staffing plan may include the following flexible work arrangement options: adjusting work hours or flextime; compressed work schedules; reduced scheduling or furlough; alternating days and staggering shifts; and, where appropriate, telecommuting.

We recognize that such flexible scheduling is not possible for all work areas because of the specific requirements of each workplace, and that supervisors may not be able to approve

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Workplace accommodations under the Americans with Disabilities Act (ADA) or under any other applicable federal, state, or local law will follow Einstein’s current policy and process. Employees seeking such workplace accommodations should complete the disability accommodation forms.

The following are possible considerations regarding phased staffing and flexible work arrangements.

• Flextime allows employees to start and end work during some range of hours outside the regularly scheduled workday. Flextime arrangements do not reduce the normal workload obligation.
• Compressed work schedules allow employees to work all their hours in fewer than five days per week. Common examples of this are schedules allowing employees to work 37.5 hours in four days per week for an extra day off per week, or 75 hours in nine days every two weeks for an extra day off every two weeks.
• Reduced scheduling or furlough allows an employee to reduce the number of hours she or he works in a week in order to have extra time to take care of personal or family needs.
• Alternating days and staggered work times can be used alone or in combination with the strategies above to reduce workplace density.
• Telecommuting means working from home or other remote location one or more full days per week on an ongoing basis. (See new requirements below.)

Working Remotely (Telecommuting)

As we bring employees back to campus, during phase 1, those whose roles have not been designated essential under our Expanded Essential Personnel Policy may work remotely to fulfill some or all of their work responsibilities and may continue to do so to support the needed reduction of individuals on campus. These arrangements should be reviewed at this time and reapproved by your department head and human resources. This will require completing a new form.

Addressing Childcare Needs

Einstein regularly reaches out to local childcare providers to identify those that are open and may be able to enroll your children. Please contact a particular center directly for up-to-date information.

- Gan Atid (Orthodox center)—open
- Brilliant Futures (family group day care)—open; accepting enrollees and will run summer program
- Carebridge, Einstein’s Employee Assistance Program, is available to faculty, staff, postdocs, and predocs and can help you find childcare through its childcare locator, childcare.gov
- 1199 union employees may find similar resources through the 1199 childcare page. For additional options, please visit the Einstein internal COVID-19 dedicated site.

Access to Parking

The College of Medicine has expanded its off-campus parking capacity to include parking spaces at the Montefiore Hutchinson Campus. As part of this free access to parking, we will offer shuttle service to campus, with drop-off in front of the Belfer Building. We hope that this will encourage employees and students with access to cars or who may wish to share rides to avoid using public transportation.

Using Public Transit and Campus Shuttles

When using public transportation, practicing safe physical distancing, washing your hands after touching seats, poles, and other items, and avoiding touching your face are all helpful measures you can use to help ensure your safety. All lines of public transit that typically provide access to the Einstein campus continue to run, though schedules may now differ. Be sure to check the MTA website for updates. While most campus shuttles are prioritized for use by Einstein medical students, with house staff permitted if space is available, the 180th Street shuttle will be available for use by all members of the Einstein community. We also will provide a shuttle to bring employees to campus for those choosing to use the available free parking at the Montefiore Hutchinson Campus.

New protocols have been instituted that limit the number of occupants allowed on shuttles, and they must be adhered to at all times. To provide proper social distancing, at this time no more than 11 will be permitted to ride on the shuttle at any given time.

If you must take the shuttle or public transit, wear a mask and avoid touching surfaces with your hands. Upon disembarking, wash your hands or use hand sanitizer with at least 60 percent alcohol as soon as possible and before removing your mask.

Using the 511NY Rideshare Program

Einstein has a partnership with the 511NY Rideshare Program, which offers members of the Einstein community options for commuting to work other than driving in a car by themselves. The program organizes carpools and vanpools, and offers resources for transit alternatives such as bicycling, walking, and teleworking. If you prefer to share a ride as an alternative to public transit, this confidential program can help identify others commuting from near where you live. When making rideshare arrangements, please be mindful to employ all recommended COVID-19 safety measures and be respectful of your fellow ridesharing companion’s concerns.

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COVID-19 Concerns and Care

COVID-19 poses risks to all of us, but some individuals are considered at greater risk if exposed to the disease. It can be helpful to understand if you or a loved one is among those at risk, as well as where you can seek care when it's needed.

Who Is at Risk?
COVID-19 is a new disease, and information regarding risk factors is limited. Based on currently available information and clinical expertise, older adults and people of any age who have serious, underlying medical conditions might be at higher risk for severe illness from COVID-19. Those at high risk include people:

- 65 years and older
- who live in a nursing home or long-term care facility
- of all ages with underlying medical conditions, particularly if not well controlled, such as those:
  - with chronic lung disease or moderate to severe asthma
  - who have serious heart conditions
  - who are immunocompromised
    - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immunity-weakening medications
    - with severe obesity (BMI [body mass index] of 40 or higher)
    - with diabetes
    - with chronic kidney disease undergoing dialysis
    - with liver disease

If you've been asked to return to work on-site and have concerns about doing so because you have a medical condition that places you in a higher risk group or you are pregnant, and you wish to seek ADA Reasonable Accommodations related to returning to work at Einstein, contact Robert Cancellieri in employee relations or view our human resources’ disability accommodation policy.
Health and Safety on Campus

Social Distancing
Even when you’re wearing a mask, Einstein’s safety requirements indicate that you also must observe social distancing while on campus. Keeping space between you and others is one of the best tools we have to avoid being exposed to the COVID-19 virus and to prevent its spread.

Since people are contagious before they know they’re sick, it’s important to stay away from others when possible, even if you have no symptoms. Social distancing is important for everyone, especially to help protect people who are at higher risk of getting very sick. Following the CDC guidelines on social distancing, Einstein has canceled, modified, or rescheduled the largest campus gatherings until further notice.

When you’re working on-site, you should follow these social distancing practices:
• Stay at least six feet from others at all times
• Don’t gather in groups where social distancing cannot be properly practiced
• Avoid crowded places

For specific guidelines on meetings, please see “Holding Meetings” on page 17.

Handwashing
Wash your hands often with soap and water for at least 20 seconds, especially after you’ve been in a public place, or after blowing your nose, coughing, sneezing, or touching your face. If soap and water are not readily available, use a hand sanitizer that contains at least 60 percent alcohol, which is generally considered sufficient for nonhealthcare environments.

Cover all surfaces of your hands with sanitizer and rub them together until they feel dry.

Wearing Masks
Einstein will provide disposable masks to anyone entering the campus. If you wish, you may wear your own cloth mask. This will help reduce waste and avoid consuming masks that could be provided to caregivers, should the need to address the short supply of PPE continue.

Masks/face coverings must be worn by anyone on the Einstein campus in all group settings and public areas, including:
• reception/receiving areas
• hallways
• break rooms
• conference rooms and other meeting locations

Face masks may be removed in private offices unless a meeting is being held, in which case they must stay on.

Wearing a face mask is an important gift to your colleagues and friends because it reduces the risk of your possibly passing the virus to them, since COVID-19 can be spread to others even if you don’t feel sick. This safety practice is one that you must employ on campus, and is advisable wherever you may come in contact with others.

Disposable masks should be discarded in the trash after a full day of use because of moisture and possible contamination. Cloth face coverings should be properly laundered with detergent before being reused the following day. (Keep several at home and rotate their use.) Cloth face coverings should be replaced immediately if soiled, damaged (e.g., ripped, punctured), or visibly contaminated.

When you are not wearing it, store your mask in a paper bag to prevent dirt or moisture from contaminating it.

Staff members do not need to wear goggles or face shields as part of general activity on campus. Good hand hygiene and avoiding touching your face are generally sufficient for nonhealthcare environments. A face mask helps you avoid touching your face, if worn all the time as instructed.
Wearing Gloves
Gloves must be worn at all times by employees in security, shipping, receiving and mailroom, food service, delivery service, and housekeeping, and per usual protocols (for example, in handling biologic samples). However, according to the CDC, gloves aren’t necessary for general use and don’t replace good hand hygiene. Doctors and other experts consider washing your hands to be the “best practice” for protecting yourself from germs.

Hygiene for Coughing and Sneezing
If you’re in a private setting and don’t have on your mask, remember to always cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow. Throw used tissues in the trash and immediately wash your hands with soap and water for at least 20 seconds. If soap and water aren’t available, clean your hands with a hand sanitizer that contains at least 60 percent alcohol.

Working in the Office
A sign listing the current mandatory maximum occupancy, established by EHS, will be posted for offices that include an open environment where multiple staff members share working space. If you work in an open environment, be sure that you are at least six feet from any of your coworkers. If possible, have at least one workspace separating you from another coworker. Einstein will help you remember to increase your physical distance from employees, other coworkers, and customers with:
  • visual cues such as floor decals, colored tape, or signs to indicate where to stand
  • one-way signs for large open workspaces with multiple passageways
  • specific stairways for up or down traffic

You must always wear your mask in a shared workspace or room where others are present.

Conducting Laboratory Work
A sign listing the mandatory maximum occupancy for labs, offices, tissue culture rooms, and computer rooms will be placed on the door to the space. During the first phase, once EHS has determined the maximum occupancy for the lab, principal investigators can start research at 50 percent of CDC defined maximum occupancy of the lab while maintaining physical distancing.

When the dean initiates the second phase, occupancy will gradually increase until eventually 100 percent of CDC defined maximum occupancy of the lab can be achieved while maintaining physical distancing.

As a reminder this is generally less than pre-COVID fully staffed occupancy. Compliance with this policy will be monitored by regular inspections. Noncompliance will lead to reductions in permitted lab occupancy or closure of the lab. Einstein’s Research Ramp up Plan and related policies are located on our internal COVID-19-dedicated site.

Using Restrooms
Signs will be posted on restroom doors indicating the maximum number of occupants permitted at one time. Use of restrooms will be limited based on size to ensure that a distance of at least six feet can be maintained between individuals. Cleaning supplies will be available in every restroom for use by occupants. Wash your hands thoroughly afterward to reduce the potential transmission of the virus.

Using Elevators
The number of people allowed in an elevator at one time will be limited and based on the size of the elevator. Please follow designations on signs that are posted at each elevator bank. When possible, please use the stairs. We especially recommend that if you are going two floors or fewer from your location, you take the stairs instead of the elevator, so long as you are physically able to do so.

When using the elevator, you must wear a mask and should avoid touching the elevator buttons with your exposed hand or fingers whenever possible. Wash your hands or use hand sanitizer with at least 60 percent alcohol after you get out of any elevator.

Holding Meetings
The only in-person meetings that are permitted are those that allow for physical distancing that complies with spacing recommendations of six or more feet between participants. EHS has determined and posted the maximum occupancy for each meeting room. In-person meetings should never have more participants than the room can accommodate with appropriate social distancing, and everyone in the meeting must wear a mask. Vendors and other approved visitors must be signed in, undergo the health self-check, be escorted to their meetings, and comply with all campus safety measures. They will be provided with disposable masks that they must wear while on our premises.

It remains preferable to hold meetings in whole or part using collaboration tools such as Zoom, Microsoft Teams, and the telephone. Departments should remove or rearrange chairs and tables or add visual cue marks in meeting rooms to remind attendees about social
Proper Usage

To put on a mask:
- Wash your hands or use hand sanitizer before putting on the mask.
- Make sure your mask fits over your nose and under your chin.
- If you’re wearing a disposable mask, pinch the nose wire snugly against your nose.
- Tie the straps behind your head and neck or loop them around your ears.
- Throughout the process, avoid touching the front of the mask.

To take off a mask:
- Wash your hands.
- Avoid touching your eyes, nose, or mouth when removing the mask.
- Loop your finger into the strap and pull the strap away from the ear or untie the straps.
- Wash your hands again immediately after stowing or throwing away your mask.

Cleaning and Disinfecting

You will be required to perform daily cleaning of your personal workspace. This requirement can be fulfilled by using a sanitizing wipe or spray on any surfaces that you have used throughout your workday. Furthermore, you must not touch items on other people’s desks/workspaces. If this occurs, a sanitizing wipe or spray must be used on the items or surfaces touched.

Einstein’s facilities department has stationed more than 100 hand-sanitizer dispensers around campus. The housekeeping staff members continue to do their enhanced cleaning and disinfecting of common areas, following CDC guidelines. They’re paying special attention to high-touch surfaces such as doorknobs, handrails, and sinks, and to high-traffic spaces, such as Main Street, the Education Center, the library, the Forchheimer and Belfer stairs, the Max and Sadie Lounge, and the Lubin Dining Hall.

Getting and Eating Meals

While you can bring food from home, the Einstein Café is open, providing prepackaged snacks and meals for purchase. Before and after eating, you should wash your hands thoroughly. Protocols in the Einstein Café have been adjusted as follows:
- All patrons must wear gloves, provided in the Café, when selecting and purchasing food.
- Only prewrapped and prepackaged food is being served.
- Do not congregate along Main Street; instead, take your food to your office or eat in alternative spaces to avoid large groups.

If you are eating in your work environment (break room, office, etc.), maintain six feet of distance between you and others. Individuals should not sit facing one another. Remove your mask or face covering only in order to eat; then put it back on.

Departments should remove or rearrange chairs and tables or add visual cue marks in employee break rooms to support social distancing practices between employees.

Wipe all surfaces, including tables, refrigerator handles, coffee machines, etc., after using them in common areas.

If private offices are available, employees should be encouraged to eat in their own offices to avoid congregating in common areas. If this is not possible, only a certain number of employees should be in break rooms at a time, depending on the room size (e.g., two or three people at most).

About Face Masks/Coverings

<table>
<thead>
<tr>
<th>TYPE</th>
<th>CLOTH FACE COVERING</th>
<th>DISPOSABLE MASK</th>
<th>MEDICAL-GRADE SURGICAL MASK</th>
<th>N95 RESPIRATOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>DESCRIPTION</td>
<td>Homemade or commercially manufactured face covering that is washable and helps contain the wearer’s respiratory emissions.</td>
<td>Commercially manufactured mask that helps contain the wearer’s respiratory emissions.</td>
<td>FDA-approved mask to protect the wearer from large droplets and splashes; helps contain the wearer’s respiratory emissions.</td>
<td>Equipment that provides effective respiratory protection from airborne particles and aerosols; helps contain the wearer’s respiratory emissions.</td>
</tr>
<tr>
<td>INTENDED USE</td>
<td>Required for campus community use in nonhealthcare settings (office spaces, general research/work settings, shops, community areas where six-foot social distancing cannot be consistently maintained. Must be replaced daily. (While likely necessary for ingress and egress, not required when working alone in an office.)</td>
<td>These masks are reserved for healthcare workers and for use in other approved areas with task-specific hazards (e.g., environmental services.).</td>
<td></td>
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</tbody>
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Personal and Emotional Care

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Health Plans and Virtual Care
If you’re enrolled in an Einstein-sponsored health insurance plan, you can use Empire’s LiveHealth Online, which connects you to a doctor for a video session or virtual care test session right from your phone. The doctor you connect with can evaluate your symptoms, help you understand whether you are at risk for COVID-19, and let you know whether you need to visit a local healthcare provider for COVID-19 testing. LiveHealth Online is available for COVID-related issues at no cost through June 14, 2020. If a doctor in your plan doesn’t use LiveHealth Online but has her or his own telemedicine technology to see patients, you can use that technology to consult with the doctor at no cost until June 14, 2020. To connect with LiveHealth Online, log in to your account at www.empireblue.com and connect to LiveHealth Online. If you don’t have an account yet, you can register today.
1199 employees whose health coverage is provided through the National Benefits Fund can access Teladoc services by visiting Teladoc.com or by calling 800-835-2362.

As provided for under the Coronavirus Aid, Relief, and Economic Security Act (CARES Act) legislation, there is no cost share for COVID-related expenses.

**Staff Emotional Support**
COVID-19 has certainly escalated our feelings of uncertainty and anxiety. Prolonged time inside and limited options for socializing also contribute to a sense of isolation and concern for one’s well-being. These can be compounded by illness or loss of a loved one, issues with childcare or elder care, a difficult home environment, or other similar concerns. Einstein offers a variety of resources for staff, faculty, students, and postdocs that can help address issues connected to mental health or emotional well-being.

To support colleagues throughout Montefiore, a staff emotional support team has been developed under the leadership of Dr. Paul Bulman, a psychologist with significant expertise in critical-incident responding. Some key components include a new staff emotional support line, at 718-920-8844. It is staffed between 1 and 4 p.m., Mondays through Fridays, by Montefiore psychologists, psychiatrists, and social workers.

**Carebridge**
Einstein’s employee assistance program offers mental health services for employees, postdocs, and graduate students through Carebridge, which provides guidance and resources for a range of life-management issues, as well as referrals for five short-term, confidential counseling sessions that can assist with a wide range of concerns, including:

- Marital and relationship issues
- Stress management
- Family and parenting problems
- Depression or anxiety
- Grief and loss
- Financial pressures
- Legal issues

For more information about the resources available through Carebridge, log on to www.myfiferesource.com. Register using access code C4NKN to get started. You can also contact Carebridge directly by calling 844-300-6072 or by emailing clientservice@carebridge.com. Please review Employee Assistance Program and Other Resources for additional information.

**1199 Member Assistance**
Our 1199 Member Assistance Program is available for our union staff. 1199 has expanded telemedicine for members who have questions about COVID-19. Please visit the 1199 dedicated site for more information or reach out to Thomas James, Einstein’s 1199 coordinator, at Thomas.james@1199funds.org.

**Student Mental Health Center**
Medical and graduate students and postdocs can contact our Student Mental Health Center at 718-839-7400 to schedule an appointment. Please call before you go. Additionally, every Friday at 12:30 p.m., the Student Mental Health Center is hosting a weekly virtual mindfulness session where you can join Dr. Joe Battaglia and Dr. Ryan Delapp, along with other Einstein students, to practice different mindfulness exercises and gain insights into managing stress.

**Environmental Health & Safety (“EHS”)**
Possible COVID-19 Contamination
Phone: 718-430-4150

**Facilities Management & Engineering**
COVID-19 OHS Reporting Hotline
718-430-3700

**Facilities Management & Engineering**
Possible COVID-19 Contamination
Phone: 718-430-4150

**Internal Review Board**
COVID-19 OHS Reporting Hotline
718-430-3700

**Internal Review Board**
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